

# The Cistercian Informer

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## Newsline

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Take a glimpse at the lighter side of the news



### IN ARTS: Fall Movie Preview

What movies will you be seeing (or skipping) this semester?



### IN NEST: What You Should've Done

What did you do this summer? Hopefully it was something productive



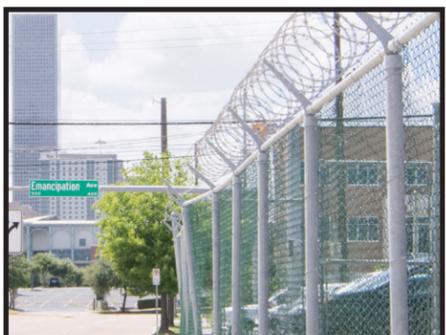
### IN SPORTS: Cross Country Preview

The Cross Country team hopes that this season will be the best one yet!



### IN EDITORIALS: Detention Camps

What is really going on at ICE's detention centers?



## Let the School Year Begin

After less than three months of summer vacation, it's time for school to start again. Whether it's your first time walking down these halls or it's your last year, Cistercian is still a school that continues to provide new experiences and challenges for each student. No matter what grade you're in, it's a place that fills you with a strange sense of fear and excitement at the unknown prospects that lie ahead. However, for the new people coming starting their first year here, there's probably more of that sense of fear than excitement.

You all have been dropped into a new school that is known for its rigorous curriculum, and you're surrounded by other kids that you barely know. Not only that, you've got new teachers, new hallways, new uniforms, and new rules and traditions that you have to follow. Your lunch is only 25 minutes long and you now have homework on the weekend. For many of you, you're no longer going to be the smartest in your class anymore. Rather than breezing through school, you all have to develop new study habits



because Cistercian is designed to challenge its students. When you put all this together, it's a little overwhelming. I'm getting nervous just writing about it. It's a scary new place with scary new teachers and scary new people and it would be a lot easier at your old school.

However, it's actually not as scary as you all have been lead to

believe. It's a lot more comforting when you realize that every single one of your classmates feels just as confused as you are, and even though your teachers might say strange things like "syllabus" on your first day of school, they're here to help guide you through Cistercian and teach you to become...

*Continued on Page 2*

## Football Season Preview

*Alex Banul, '20,  
who is ready to bring  
athletic glory to Cistercian*

The school year always starts with the best part of the year: football season. What better way to get away from the stress of your new, harder classes than to come out with friends on a Friday night and watch the Hawks take on a lesser opponent? And once you've exhausted all of your social skills trying to interact with girls (probably unsuccessfully), you may find yourself actually watching and cheering for the game you came to watch. But what are you expecting from your Hawks this year, who are going to be the play-makers, and the big money question: are we going to have a championship game this season? Here's what you can expect in the upcoming season.

The Hawks had a strong season last year, with a 6-3 record, brushing close to another championship, as well as one of the highest scoring averages a Hawk team has ever had at this school, and one of the best defensive records as well.

This was in no small part due to a strong senior class backed up by sturdy junior and sophomore classes. The offensive barrage from Jimmy Garda, Harry Crutcher, and Lucas Watt left opponents in shambles in the run game, and Campbell Keating and Nate Sanchez were two powerful offensive and defensive linemen. On top of this, the senior class had plenty of depth, with about half of the Class of 2019 playing. They left big shoes to fill, and the torch passes to the Class of 2020 to lead the next season.

One might get a sinking feeling in their stomach when they hear that only six seniors will be playing for the Cistercian Hawks this football season, but wait until you hear the lineup. Our offensive line will be the first Hawk line with each player being over 200 lbs. in several years (Expected: Alex Ardemagni, Henry Parmenter, Matt Donohoe, Aidan Chance, and Brandon Williamson), and those players all have very solid lifts to back up their weights. Carrying the ball, with his famous 500...

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*And stay up to date  
with all things Cistercian!*

## BY THE NUMBERS



Days of Summer Break

80

Number of Newly Ordained Priests at Cistercian

1

Number of Big Names the Mavs Signed this Summer

0

Winning Score of the Raptors in the NBA Finals

114

Number of Informer Staff Members who moved to Italy

1

Days Until the Next Summer Vacation

283

## Begin (Cont'd)

...better people. Sure, there are new rules and harder classes, but it's a challenge that Cistercian thinks you can handle. Every student that has gone through here looks back at their time at Cistercian and realizes that no matter what challenges they faced, no matter how much they complained about certain assignments, that in the end, those things made them into better people. All of those essays that are assigned and all of the short answer paragraphs that you have to write on tests do help you, even if it doesn't feel like that at the time. Sure, if you get a bad grade on an essay, it will feel like the whole point of Cistercian is to make you fail. But if you take the time to read the teacher's comments and learn from your mistakes, you'll be able to write better essays in the future and improve your grades later.

Of course, if you don't want to get a bad grade on that essay in the first place, Cistercian still has a ton of resources for you to use. Your classmates are often the best resource because even if you don't understand a particular topic, you'll usually have a classmate of yours that does (so help each other out!)

And in case you can't find anyone, Cistercian still has a Tutoring Club after school that helps students with whatever problems they have anyway. But don't forget

that your teachers are always there to answer your questions. Just find a time to visit them in their office and they'll be happy to help. This school is difficult, but it provides its students with plenty of opportunities to get help, as long as you seek it out. Being completely honest, Cistercian can be a pretty difficult school. For many students, it's filled with frustration, disappointment and a lot of hard work, but it's pretty rewarding school even if it doesn't feel like it all the time.

Cistercian is a genuinely enjoyable and formative experience that is also very challenging. The hardest part about Cistercian isn't the curriculum or the teachers; it's the amount of change that you're going to have to go through as a person to do well. It can be an extremely stressful environment, but most of

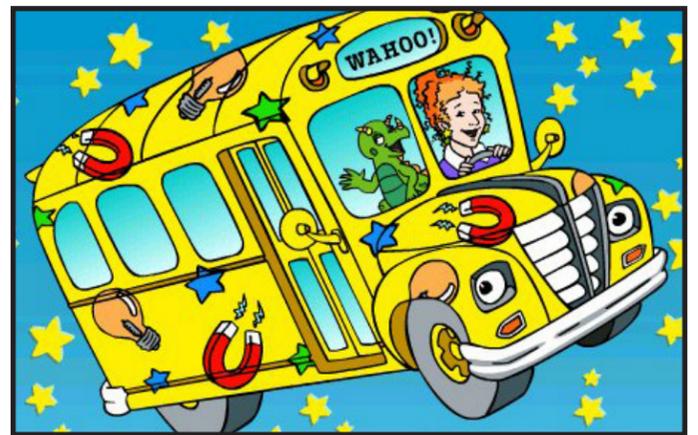


Photo By RPG4

that is probably going to be because you didn't manage your time well in the first place. It is also important to take part in your school community. It's the atmosphere of Cistercian and the emphasis on creating a brotherhood that really sets this school apart. The bonds that will be created within your form are meant to be friendships that last a lifetime, so don't ignore the people around you and really get to know them. If you actually try your best, ask for help when you need it, and strive to get to know the people in your form, then one day you'll be able to look back fondly on your time here as well.

Sincerely,  
The Informer Staff

## The Garbage Pile

*It's Real News. We Promise.*

### Man is Shot Because He Looks like an Iguana

If you've been keeping up with South Floridian news lately, you would know that they've been having an iguana infestation. These lizards have become pests, chewing up plants and causing internet and power outages and as one news outlet reports, "leaving a path of destruction in their wake."

Due to the sheer number of iguanas that have been plaguing the people of South Florida, some communities and homeowners have decided to hire iguana hunters. An iguana hunter was hired to get rid of those pests from the yard of a homeowner in Boca Raton. Unfortunately, someone was cleaning the pool on the same day. The hunter mistook him for an iguana and shot him.

Now, obviously, this worker has been having an awful day. He had to get up, go out and clean some random person's pool. While he's cleaning, some man with a gun shoots him and says, "I'm so sorry, I thought you were an iguana." Not only is this an awful apology, but now the worker has to live with the fact that he looks like an iguana.

### British Couple Trapped In their House by Seagulls

A large group of seagulls trapped an old British couple in Lancashire by attacking them every time they had to leave the house. For six days, Mr. and Mrs. Pickard were unable to leave their home because some seagulls had nested on their roof and attacked them if they tried to leave.

This story sounds hilarious, but Mr. Pickard describes it as "a nightmare." Unfortunately, his wife had been unwell, and he was the only one who could leave the house to get groceries and run errands. During the preliminary stages of the Pickard family's imprisonment, one of the seagulls left Mr. Pickard bleeding and he needed to be taken to the hospital. Luckily, everything ended up being alright with him and the seagulls eventually left.

However, it seems that seagulls are a common problem there and since they're a protected species, the British can't shoot their problems like we can. Sure, a couple of humans will get shot too, but it's a small price to pay to rid the world of iguanas and seagulls.

### People Pay to Stay in a Hotel Created by Taco Bell

Yes, you read that right. Taco Bell has opened a hotel in Palm Springs and the residents are the type of people you would expect to visit a Taco Bell hotel. One person described cutting her trip in Cancun short so that she could stay at this hotel. Another person booked a flight to Palm Springs, knowing there were dangerous weather conditions, just to get to the Taco Bell hotel. Of course, most of these people also don't remember ever going to a Taco Bell, but they know that they love it.

But it turns out you can't order your favorite Taco Bell foods at this hotel! The food is brought to you and it looks like food prepared by a chef. Honestly, there is NO point in going to the Taco Bell hotel if you can't order a ton of Taco Bell and then regret your decisions on the toilet a few hours later. It's a "restaurant" where you know you shouldn't eat, but you do anyway because you lack impulse control. That is the true Taco Bell experience and anyone that's really eaten Taco Bell would know it.

## Stop Listening to the Same Songs

Alex Smith, '21,  
who disagrees with  
your taste in music

In today's popular culture, it's not unreasonable to say that music isn't what it was. Every person has the right to create their own craft, and that's a wonderful concept, but some of the most popular music in 2019 just isn't that great.

The most powerful part about music is how it can convey emotion. Do you remember when you were sad about something important to you and a sad song came on the radio (or your phone)? It felt as though someone was there for you. That's because you could feel the emotion. That in itself is a powerful thing. The music doesn't need to be impressive or flashy - that's not the argument. For example, Nirvana disrupted the entire world in the early 90s, and Kurt Cobain only wrote simple songs for the most part. The same goes for the Beatles as well.

Most would claim that the most popular music in 2019 is rap and pop music. Since music is usu-

ally played on demand nowadays, it's almost like the same songs are on a loop. And the most popular rap does not have much to say. It's almost like the producer of a rap album creates these great grooves and beats, then the rapper goes and talks about essentially the same thing in every song. Music should mean something; it should be more powerful than what we listen to today. Where's the realness? It doesn't seem authentic. Keep in mind, I speak of the more popular artists, like Migos and Lil Pump. There are tons of great rappers out there like J Cole, Kendrick Lamar, 6Lack, etc. Famous rapper Snoop Dogg even spoke of the problem in an interview, breaking down the sound of modern rap and its issues.

Apps like Apple Music train people not to have an open mind. Back in the '80s, people could only hear music through CDs, tapes, and the radio. It gave the music more value, and it meant something to them. Now, we can listen to whatever music we want, whenever we want, and that creates problems. Often, I'm with my friends, and someone will put a song on only to change it after a minute and a half.

The value has begun to go down.

Another problem is, again, the open minds. Since we can listen to anything at our desire and the same songs are on a loop, we're not open to much else. Often, I've tried to put on some other music around my friends, and it's shot down quickly. It's not because it's terrible; it's because people haven't heard it before. And something being "old" is just a lame excuse. I can listen to a song that came out in 2019 or one that came out in 1958. Can't we listen to Bruce Springsteen or the Stones? Maybe Alice in Chains or Miles Davis? I'm getting a bit riled up, but my point is that music is timeless.

Now, don't get me wrong, there's a lot of cool music that's modern, not just the great rappers I've mentioned above. Leon Bridges (R & B music) is incredible and he is even from Fort Worth. Cage the Elephant is a great rock band. Rock isn't dead or old; it's just taking a



Photo By Cal Quinn

small nap. Larkin Poe is a band consisted of two sisters, and I've never heard the blues delivered better. It may sound like I'm the one without an open mind about music, calling out modern music, but quite frankly, those songs have nothing to say. There's no emotion or meaning.

It's time to stop listening to music just because it's popular. People need to try to listen to some other things for a change, maybe even purchase some CDs. Cars have CD players, you know. Bring back the value of music. Tear down this idea that music can get "old." If you can't let go of your inhibitions to listen to rock music, then at least give a good listen to Leon Bridges, the hometown kid.



Photo By Warner Brothers

Calvin Step, '20,  
who is only going to see one  
movie on this list

**IT: Chapter 2** - You paid to watch 2 hours and 15 minutes of children getting eaten by clowns. Now you're going to pay to watch 2 hours and 49 minutes of children and adults getting eaten by clowns. To be fair, the cast is excellent, with James McAvoy, Jessica Chastain, and Bill Hader playing the kids from the first *IT*, but 27 years older. It's up to them to recreate the chemistry of the Loser's Club that made the first movie so strangely endearing, despite being a movie made up entirely of rather repetitive jump scares. Hopefully,

of Brad Pitt traveling through the solar system in search of his father sounds interesting enough, as long as it isn't filled with the overly pretentious dialogue that bad sci-fi movies use to seem more important than they really are.

**Joker** - The other mean clown movie coming out this fall, which is out to prove that it isn't going to try to make an origin story for a character who doesn't need one by doing precisely that. Don't get me wrong, it will make tons of money. It has a great cast, and it will most likely be a good movie. But there's a reason everyone considers Heath Ledger's portrayal the definitive version of the Joker, and it wasn't because we got to see him spending time with

## Fall Movie Preview

the kids growing up means that the scares will have matured too.

**Ad Astra** - Every year seems to have one big space movie besides *Star Wars*, and *Ad Astra* is this year's offering. The story

of his mom before he started robbing people.

**Gemini Man** - *Life of Pi* came out in 2012 and won Academy Award for its Visual Effects and for its Director, Ang Lee. Now, he is making another VFX driven film, except this one isn't gonna win that Oscar. This Will Smith vs Will Smith thriller has a decent concept and a great lead actor, but young Will Smith looks like he just got off *The Polar Express*.

**Zombieland 2: Double Tap** - This is the long-awaited sequel to the zombie movie that came out a year before *The Walking Dead* made zombies cool again. This one was only made because the cast of the first one went on to become big stars (mostly), but the trailer shows that the creators know exactly what made the original a hit and seem to not be rehashing the same plot, so what's the harm in watching Tallahassee trying to get some Twinkies again?

**Terminator: Dark Fate** - Again!?!? Again!?!? Sure, James Cameron is involved this time, but don't forget he endorsed *Terminator: Genisys*.

**Frozen II** - People in my class would expect me to write a lot about this movie. But I'm going to defy expectations and just say that it looks pretty good.

**Jumanji: The Next Level** - Danny DeVito's personality is stuck inside the Rock. I'm sold.

**Star Wars: The Rise of Skywalker** - Following up the incredibly divisive *The Last Jedi* might be an insurmountable task. How do you create a finale that pleases fans who hated it for taking risks (admittedly not all of which worked) whilst other fans who didn't like how much *The Force Awakens* relied on nostalgia? Guess we'll only know once the movie starts and we see what gets more screentime: Starkiller Base II or Green Milk.

**Cats** - *Gemini Man* may be unsettling, but this movie is on a different level. The cats themselves, who still resemble their very famous actors, are made using effects that look like they were made for a horror movie, and not for a family-friendly musical coming out for Christmas. I am very scared.

## What You Should Have Done

Saish Satyal, '21,  
who did not accomplish  
much this summer

For many students, summer is a time to relax, hang out, and have fun. For others, it's a time to buckle down and explore their passions, or even to get a job and earn some money. However, there are a few students who take the great opportunities that summer provides, throw them into the nearest dumpster, stay at home for three months, and wear nothing but sweatpants and t-shirts. The students who did that are probably the ones reading this article, so now I'm going to show you what you could've done this summer compared to what you actually did.

**What You Should've Done:**

Fixed your sleep schedule so that you aren't sleeping at 2 AM now that you don't have homework

**What You Did:**

Shifted your sleep schedule so that you're sleeping at 11 AM, waking up at 7 PM, and working during the strange hours of the night.

**What You Should've Done:**

Studied an area of learning that you're interested in to further your knowledge and grow as a person.

**What You Did:**

Cried while watching Netflix at 4 AM after telling your parents that you're "more productive at night."

**What You Should've Done:**

Gotten into shape for the upcoming school year so that you can contribute to your school's athletics and improve your self-confidence.

**What You Did:**

Decided that water doesn't taste as good as milk and went for five days straight without drinking any water and single-handedly finished about 3 gallons of milk in about ten days.

**What You Should've Done:**

Limited your use of various forms of social media while focusing on making yourself a better person.

**What You Did:**

Browsed Instagram for hours while simultaneously writing an Informer article at 5 AM because you couldn't think of anything else to say.

**What You**

**Should've Done:**

Adopted healthy eating habits that will allow you to live a longer life.

**What You Did:**

Bought a Chipotle burrito so big it didn't fit in the bag.

**What You Should've Done:**

Gone to an 8-week program to experience college life while boosting your resume and knowledge.

**What You Did:**

Went to the nearest public library, checked out ten comic books, forgot about them for three months and then returned them to find out that you have \$50 of late fines which you can't pay off because you're broke with no income.

**What You Should've Done:**

Saved your money so that you could afford to do stuff during the year

**What You Did:**

Wasted it all on food



Photo By Julie Gentry

**What You Should've Done:**

Read your summer reading slowly throughout the summer.

**What You Did:**

Realized a few days ago that you haven't bought the book yet.

**What You Should've Done:**

Went on vacation to get out of the house and experience something new and exciting.

**What You Did:**

Never moved more than the distance between your couch and your refrigerator.

Congrats to everyone that wasn't like me this summer! But to those of you that were, we've got some work to do



Photo By Netflix

Saish Satyal, '21,  
who knows this is a very  
biased list

There is no better way to celebrate the beginning of a new school year, filled with potential memories and learning experiences, than giving you a list of shows to binge watch as you ignore both of those simultaneously! The Cistercian Informer does not in any way endorse behavior that is in any way adverse to the integrity of your schoolwork. Please binge responsibly.

**Brooklyn Nine-Nine:** At the top of the list is Brooklyn Nine-Nine. It's a hilarious show on NBC and Hulu that is full of great humor. The show

Every character interacts with each other in a different way and you're able to see the characters and their relationships grow.

**Psych:** After Brooklyn Nine-Nine, my list doesn't have an order, but if it did, Psych would be pretty high up there. The show revolves around an extremely observant man named Shawn Spencer who pretends to be a psychic to solve crimes. He and his childhood best friend, Burton Guster (AKA Ghee Buttersnaps), open up a private psychic detective agency together and solve crimes. That's really just the show, but there's a good reason that it ran for nine seasons and had two movies. Once again, the interactions between all of the characters are what make the

## Shows To Binge Watch

starts with Brooklyn's 99th precinct being put under the command of the serious Captain Holt. It's got an extremely diverse and relatable cast with unforgettable characters like Charles Boyle and Gina Linetti.

show great. Shawn and Gus still act like children, even in the face of grave danger. Their playful interactions and their collisions with the Santa Barbara PD are what take this show to the next level. It's on Amazon Prime and it's a great watch.

**The Office:** No binge watching list would be complete without *The Office*. However, given the fact that it's so popular, I feel no need to describe it. Frankly, I think you should watch the other shows on this list since you've probably already watched this 15 times.

**Parks and Recreation:** Refer to the description above.

**Good Omens:** This show only has six episodes, so it's a rather quick binge watch, but it's absolutely worth it. It follows the story of Crowley the demon and Aziraphale the angel as they try to stop Armageddon from happening and ending the world. Their friendship is peculiar, but it's amusing to watch these polar opposites grow closer and closer together. Sure, it's got a great plot and very fun and eccentric characters, but Crowley and Aziraphale are the

heart and soul of the show. The rest of the show is good too, but if I had to give only one reason to watch it, I would say that it's them. This show is on Amazon Prime and it's completely worth the 6 hours that I took out of my day to watch it.

**Phineas and Ferb:** No, this isn't a joke. Phineas and Ferb is honestly a good show and it's perfect for weary high schoolers and small middle schoolers. Everyone needs to feel good at the end of the day and watching Phineas and Ferb does just that. Everything about that show brings out your inner child and it's great to watch 5 episodes of it after a long day, just to relax. Almost everything about the show is completely ridiculous, from the crime-fighting platypus to Phineas and Ferb's inventions, and not to mention their mom always missing their antics by a few seconds (but honestly, that's the best part). It makes you throw your cynicism out of the window and allows you to remember a time when everything was so much simpler and easier. If you don't have any nostalgic memories associated with it, you can make them this school year. You can find this on Netflix.

## School Spirit

*Ethan Ramchandani, '21,  
who loves his Cistercian  
community*

Here at Cistercian, we have our clubs and our friend groups to hang out with during lunchtime or after school, but there's something about a sporting event which brings out a different sense of community among Cistercian students. Everyone that attends the game is branded as a Hawk. You get to see a mass of high school students screaming their heads off, waving large flags, using extremely loud noisemakers, and getting flour in their eyes all for the sake of cheering on their team. Even when you actually walk into the crowd, and you realize that it's hot, it's crowded, and it's filled with way too many people, it's still quite infectious once the crowd starts cheering. Hearing someone spell out "CISTERCIAN PREPARATORY SCHOOL" somehow makes you want to repeat after them as well, even when it's something as long as our school's name. Sure, we all complain about random things that could be changed but when we see

Cistercian take on another school, we're ready to scream our heads off for our school.

Another great part of our football season doesn't actually happen on the field. Our pep rallies, led by the Black Hand and accompanied by super awesome acrobatic cheerleaders, are integral to the football experience. The joy of watching enraged teenagers burn a stuffed sacrifice cannot be compared, or perhaps rivaled only by the joy of being crushed by a hundred people stronger than me as we all chant "I believe that we will win!" over and over. Those pep rallies, in my opinion, showcase what it truly means to be a part of Cistercian. The bond that we create with each other over Cistercian's crushing workload is unbreakable, but cheering on the Hawks creates a different bond.

Being at a Cistercian football game is a unique experience. It's something so unique that people are willing to spend over 2 hours outside when it's 88 degrees and extremely humid, just so that they can cheer on their team or hang out with their friends. They could always do that inside when it isn't hot and humid, but they choose to

do so because of the atmosphere that a Cistercian game has.

It tells you something about Cistercian and our community when hundreds of people still show up to a football game and choose to get wet in the falling rain just to cheer on their team. It's not everywhere that people decide to dress up in costumes and pay money to drive on a bus to the other side of town to cheer on their football team at an away game.

Alumni return from college on their break and decide to come out and watch the Hawks play when they could be spending time with their family. We go to school in a very special place filled with people that actually care about supporting their fellow students, rain or shine, and that then come back to do it again even after they graduate. And then we have members of the faculty drive for an hour to a cross country meet of all places just to watch the students run.

Cistercian's community is



something that we've all grown accustomed to. What's exciting for the first time may be tiresome now for those of you who have been going to football games and other events for a while. But it's important to still make an effort to come out and support your friends and everyone at the school, even when the games don't seem as exciting as they once did or if you think you have better things to do. We all have our differences with our classmates, and we all think that some of them are annoying. But that doesn't matter, because at the end of the day, if there's one thing that we all share as a part of the Cistercian student body, it's that we are Hawks and that we believe that we will win.

## MAKE SURE YOU COME OUT FOR THESE EVENTS:

### Freshman Baptism Launch

September 13<sup>th</sup>

Forget the first day of school, this is the moment high school really begins for the Freshmen. The Upper School is invited to come out to the first afterparty of the year, where the main event will be the seniors attempting to throw the freshmen into a pool without causing any permanent injuries.

### Freshman Mixer

September 14<sup>th</sup>

One of the most highly anticipated events for the incoming Freshmen, where their class gets its introduction to our high school events by trying to figure out how to talk to not 1, not 2, but 300 girls (here's a hot tip: If you dance the entire time, you don't have to talk to any girls at all)

### Home Game vs. Austin Saints

September 20<sup>th</sup>

The anticipation of having to wait a full month for the first home game is sure to make this even more of an event. Therefore, EVERYONE in the student body needs to come out, wear black, and be ready to make a lot of noise and show Austin why they should fear the mighty Hawks.

### On-Campus Afterparty

September 20<sup>th</sup>

Did you spend the entire game pretending to talk to people while trying to pay attention to what the score was? Now you can go to the courtyard, get food, and talk to people with nothing to distract them from your poor conversational skills.

### Homecoming

October 11<sup>th</sup> & 12<sup>th</sup>

The Best Homecoming in Dallas™. After losing your voice from cheering on the Hawks on Friday, you'll get to spend a Night at the Museum with your date and impress them with all the historical facts you learned from Mr. Haaser. Extra points are given to those who work in references to single engine cessnas.

### Home Game & Afterparty

October 18<sup>th</sup>

But wait...what if you asked the wrong person to Homecoming? Did they only go with you because they wanted to go with their friends? What if you get ditched, and will be needing some new female companionship? Look no further than this game and afterparty coming the week after Homecoming!

### Home Game & Afterparty

November 1<sup>st</sup>

November 1st is a very important day, and you all know why: you have an obligation to attend the final home game of the season!

## Our Sport is Your Punishment

*Ethan Ramchandani, '20,  
who has gone to no  
summer practices*

The fall season has finally kicked off, and people are looking forward to the football games, Homecoming and all the other events that come with going to Cistercian. However, it is easy to forget that there are two sports in the fall season, and I don't blame you for it.

It is perfectly understandable for no one to want to come to cheer on a team whose meets are often an hour away, at 6 am on a Saturday, and aren't that entertaining to watch. But there are still some crazy individuals such as myself who do this sport voluntarily. It does not make sense, but we do it anyway.

Our team was good last year, but we never did achieve greatness. Looking back, there were quite a few things that led to our downfall. But none sticks out more than the fateful dinner the night before our race in Oklahoma. After 10 of us spent a long time on a small bus, we were starving. But then we

pulled into every Cross Country runners favorite carbo-loading spot: Olive Garden.

After not eating on the bus, the sight of never-ending breadsticks resulted in the team ingesting way too many while John LeSage destroyed us all at the Ziosk trivia game. It was an enjoyable and eventful dinner, even before we ordered. But once we decided to stop eating bread and glance at the menu, we discovered something incredible: the never-ending pasta special. While that in and of itself was not what led to our failure, one team member, who shall remain nameless, made the worst decision in the history of Cistercian's Cross Country program. He ordered the Italian sausage with his pasta.

Cross Country as a team is hoping for a much better performance than last year. Our pitiful placement at SPC was unacceptable. This year, things will be different. This year, we will all order chicken with our never-ending pasta. But in all seriousness, this season will be a significant improvement.

Nico Walz and John LeSage are the strongest seniors that we have on the team. Both live and

breathe running, and are ready to singlehandedly defeat St. Mark's this year. There are two other seniors, but we don't really talk about them.

The Junior class includes lots of strong runners (besides myself of course). Look for Alex Smith to break his PR's along with providing us with many more motivational speeches. When you're waking up at 5 to get to school for morning practices, it's often a good speech that makes the difference between wanting to die and begrudgingly accepting that you have to run.

And the Sophomores and incoming freshmen will be providing a lot of support, as we expect many of them to make Varsity this year. Returning runners Luke Rakowitz and Santiago Ramirez are sure to make a big splash in their second year. And our new runners, such as Stephen LeSage, Chris Rieke, and Noah Vetter, are all ready to work hard to get our school that championship trophy finally.



*Photo By cistercianprepschool*

It's hard to be a runner, but we do it anyway and don't complain about it (that often). Coach Roane's hard workouts are sure to get us in better shape, especially now that he's had a year to think up the proper way to punish runners who ate sausage with their pasta. Many runners have spent all summer dreading hearing the word "SUUUURRRRRRRGGGEEEE." But school has started, which means we're all gonna have to toughen up. It may seem weird to someone who doesn't run, but we somehow really do enjoy doing this. It is rewarding in the end and the dynamic our team has made practices and meets surprisingly fun. This is gonna be a great year, and we can't wait to bring home the



*Photo By Cistercianfootball*

...pound squat and 5.6 strength index, Kaosi Unini is excited to step into the spotlight and run the ball faster than the lion, and with him, Jack Schieferdecker follows in his older brother's shoes as starting quarterback. With this combo of line and backfield, the run game this year looks nearly unstoppable, and the passing game is nothing to scoff at either. Coach Burk's intricate offensive masterminding allows for us to turn from a run team to a passing team in the flip of a coin, leaving the opposing team's defense in tatters. On the other side of the ball, no team will ever want to run the ball against the Hawk defense. Connor Poppolo has already shown himself to be a terrifying defensive lineman, and David

of the game, the team should be secure both in the trenches and down the field. Not to mention of course, we've got the best long snapper in the SPC, Preston Barron, who's looking to play D1 football at Tulsa University or University of Arizona. Yes, we've lost our seniors, but we're more than ready to accommodate for these changes, and look to come back for an even stronger season.

The first weeks of practice have merely confirmed what looks to be a promising season. Our offense, though simple in principle, shows itself to be tricky and constantly keeping the defense on its toes. The moment an opponent thinks it has the run game covered, David Cox or Zain Dabbous at tight end run quick routes to punch

## Football Preview (Cont'd)

Cox and myself will be starting linebackers, each of us packing powerful lifts and very quick feet. Sam Laber leads the defensive backs at free safety, and with his football IQ and knowledge

holes in the defense. Our defense packs a variety of coverages for any offensive formation, and with rising sophomores Eli Sanford and Devon Comstock snatching starting positions as defensive backs on varsity, they've more than earned their positions with the number of interceptions they've gotten. The team's put in the work every grueling, humid morning, and is more than ready to showcase its power on Friday nights.

Looking at our opponents this year, our team is not the only one who's lost their seniors. John Cooper, one of our few game losses last year, has lost their stellar quarterback and some of their receivers, and that game should be looking like a victory this season. Cassidy, Trinity Valley, Colleyville Covenant, and St. Stephen/St. Austin all have seen similar hits to their teams, and with the same offensive strategies of last season, we should be set to take those victories easily. Our biggest challenge this season lies in our homecoming game, Fort Worth Country Day. They took arguably the worst loss from our 2018 team, and some of their best players were juniors last year, stronger and more

prepared for this coming season. The spirit of revenge will blaze strong this season, and homecoming will be nothing less than a bloodbath.

So with all that in mind, will the Hawks be blazing the warpath this season on the way to a championship game? After waiting fourteen long years, will this finally be our chance to win an SPC Championship? With the strong lineup on both the offensive and defensive sides, we've certainly got the team to make it happen, and not to mention the motivation and dedication. Strength and Conditioning had one of the highest attendances this summer and saw some of the biggest gains, and the team is more optimistic than they ever have been before. I know I speak for my fellow football seniors and the rest of the team as well when I say that the numbers don't scare me at all - I know what we're all capable of, I know that we'll strike fear into our opponents on the field, and I can't wait to show all of you what we've been training for since November of 2018. After all the hard work we have put in, this could very well finally be our year to win it all.

## How Bad Are These ICE Camps?

Saish Satyal, '21,  
who wrote half of this issue

It seems that the further we get into Donald Trump's presidency, the wilder the news gets as well. We've come far from the 2016 debates comparing Trump to Hitler, but at the same time, we haven't. Now, in 2019, the discussion has shifted to whether or not it's a stretch to compare the institutions at our southern border to Hitler's concentration camps. This debate started with Rep. Alexandria Ocasio Cortez comparing the detention centers at our southern border to concentration camps, which are most often associated with Adolf Hitler and the Nazi regime. Her use of this terminology and the phrase "Never Again," a phrase commonly associated with the atrocities of the Holocaust, has caused a significant split in America. However, former Nuremberg prosecutor Ben Ferencz was able to give these camps an accurate name without causing the debate that AOC has: "A crime against humanity."<sup>1</sup>

While these are harsh words, they are words that are hard to argue against. There seems to be a constant stream of reports entailing the living conditions the children are subjected to within the camps. As these come in, calls to abolish ICE are no longer a radical pipe dream, but a unified goal. One such detention center in Aurora, Colorado, had only one in-house physician treating hundreds of cases of chickenpox with one confirmed case of the mumps. This report, given by a Colorado rep, also includes the assertion that this has been this center's 4<sup>th</sup> chickenpox outbreak since October<sup>2</sup>

According to federal court filings in June, children being held in the Shiloh Treatment Center described being held down and injected with a cocktail of drugs. One child was prescribed three anti-psychotics, a Parkinson's medication, two seizure medications, an antidepressant, and a cognition enhancer.<sup>3</sup> Inspectors for the Department of Homeland Security found "immediate risks or egregious violations of detention standards." Out of the four centers that were inspected, two of them had spoiled

lunch meat. At the center in New Jersey, the report stated that "open packages of raw chicken leaked blood all over refrigeration units." The reports also clearly states that all of the facilities showed "serious issues with the administrative and disciplinary segregation of detainees" that clearly infringe on their unalienable rights.<sup>4</sup>

A visit to a processing station in McAllen, Texas by lawyer Hope Frye showed the awful condition of a 17-year-old mother with a premature infant. The month-old baby was sluggish and wrapped in a dirty towel while wearing a soiled onesie. The poor mother was in a wheelchair due to a complicated emergency C-Section and had barely been able to sleep. She was unable to lie down due to the pain, and she didn't dare fall asleep in the chair. The baby, born in Mexico, had received no medical attention since being in Border Patrol custody.<sup>5</sup>

Another report from McAllen, Texas, showed that four severely ill toddlers were only hospitalized after lawyers forced the government to do so. These children were feverish, coughing, vomiting, and they had diarrhea. A lawyer stated,



Photo By [www.ice.gov](http://www.ice.gov)

"It's intentional disregard for the well-being of children. The guards continue to dehumanize these people and treat them worse than we would treat animals."<sup>6</sup>

Frankly, it doesn't matter whether AOC is right or wrong in calling these things "concentration camps." What matters is the fact that lawyers described terror in these children's eyes and said that they all looked like they had just experienced something awful, something no child should ever have to go through. These people do not have simple rights, and these camps have become crimes against humanity.

*View the Sources on our Website!*

\*This article represents the views of the writers, and does not necessarily reflect the views of Cistercian or the Informer staff\*



Coby Scrudder, '21,  
who wants you to realize what's  
going on outside the US too

The US may seem like a political thunderstorm, but this makes it easy to forget about what's going on across the world. Sudan appears to have had it the worst these past few years. The people of Sudan went from the frying pan into the fire when they overthrew the tyrannical president Omar al-Bashir, only to have him be replaced by a worse military dictator.

Omar al-Bashir came to power in 1989 thanks to a military coup amid the civil war. His government helped put an end to the violence and even granted the South

## Problems in Sudan

independence. However, when another civil war started to break out with Darfur, al-Bashir wanted to put it down using any means necessary. He planned attacks on the citizens of Darfur and

pillaged their towns, including a genocide campaign claiming thousands of lives. This resulted in an ICC arrest warrant on him for the charges of genocide, war crimes, and crimes against humanity. This warrant also came with an international travel ban.

Despite this, he still was able to go on state visits to Egypt, Saudi Arabia, and South Africa, which he had to cut short. Large scale protests started in Sudan because al-Bashir announced that he would raise prices on bread and fuel. The people wanted his government to step down, but al-Bashir stayed in power. In February of 2019, he declared what is essentially martial law. Eventually, al-Bashir even lost the loyalty of his military, and his gov-

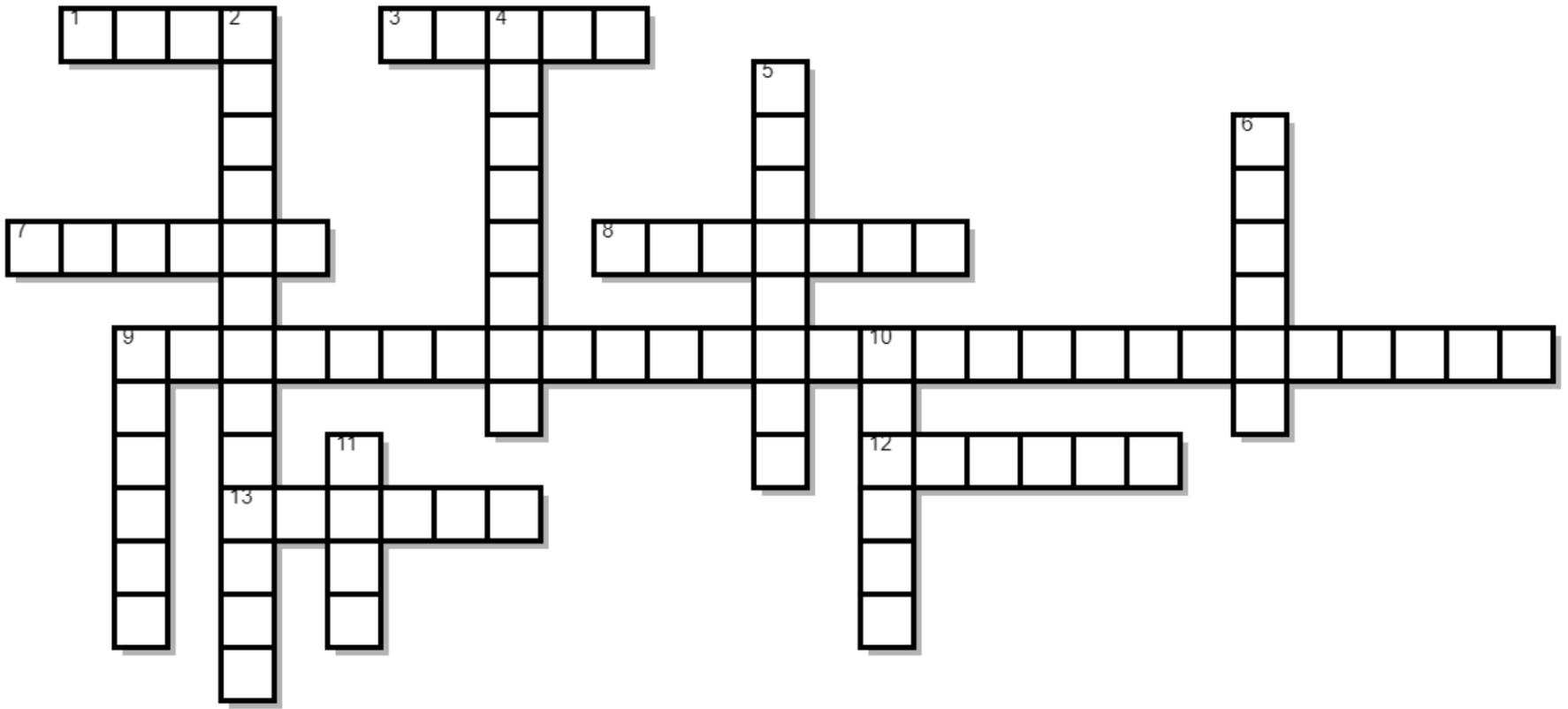
ernment fell on April 11th to a military coup, the same way al-Bashir had gained power 30 years prior.

After this coup, Lt. General Abdel Fattah al-Burhan became the formal leader of Sudan. However, Lt. General Mohammed Hamdan, one of al-Bashir's top generals, is the de facto leader of the country. He leads a group of al-Bashir's militia called the Janjaweed, which was responsible for many of the atrocities committed against the people of Darfur, including one campaign against the rebels there that led to the death of over 300,000 people and decimated many remote villages.

However, this was not the only time Hamdan committed terrible atrocities. Just a couple of months ago, Hamdan's forces forcefully shut down a protest in Khartoum, the capital of Sudan. The people were protesting the new government for not transitioning to a citizen-led government. These were the same people that helped the old government fall, but they were given no regard. The new government even went so far as to suspend the constitution of Sudan. They were going to have an election in 9 months, but this was too long for the people

to wait, so the people protested. The military came in and killed between 50 and 100 people with over 600 injured. The government says that the people provoked them, but eyewitnesses say that the military showed up and started shooting at the people. They burnt down tents and beat people with sticks. They were there to shut down the protests, not to keep them under control. After this, the military stayed in the city and now patrols the streets, has checkpoints on the roads, and cut off internet access. The military has total control over the city, and the people can't do anything to stop it.

Compared to what is happening in Sudan, our system is very tame. We might say that our government is restricting our freedoms, but we still have so much when we compare ourselves to many around the world. We should acknowledge how lucky we are to be living in a place where our freedom of speech, freedom to protest, and freedom of the press are protected, but we should do more than that. We need to try to do whatever we can to help other countries with less. We need not help only as a country, but also as individuals.



## ACROSS

- 1 - You don't like it. It's rough and coarse and gets everywhere
- 3 - The most overused joke in the Informer
- 7 - The last name of the author of the Leviathan
- 8 - The state infested lizards, snakes, and crocodiles
- 9 - Your school's name
- 12 - This is what you'll be raiding on September 20<sup>th</sup>
- 13 - A man was shot for looking like this creature

## DOWN

- 2 - Phineas' actual father, who is routinely defeated by a platypus - 2
- 4 - This one is a freebie - 4
- 5 - The only person holding you back from greatness - 5
- 6 - The Egyptian moon god - 6
- 10 - The name of a mischievous kid who thinks his stuffed tiger is real - 9
- 11 - Not the highest-grossing movie of all time - 10
- 12 - The month in which Captain America was born - 11

# INFORMER RATES

## Things to Do Over the Summer



### STAY HOME

Staying at home for the summer can be great if you just want to play video games all day. Since you don't have an income and you can't really go to the mall with your friends, staying at home is really the best option. But if you're above a certain age, staying at home will slowly turn you into a lonely, nocturnal being.

Enjoyment

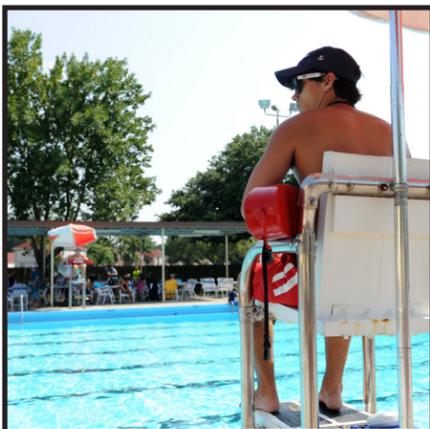


Cost



Loneliness

Soul Crushing



### GET A JOB

Working is actually a great way to spend your summer. Not only do you get paid, you also get to experience new things. But it's often boring and if you're working outside, you're working in temperatures that are not meant to be worked in, but again, YOU GET TO MAKE MONEY.

Enjoyment



Cost



Loneliness



### GO ON VACATION

Your vacation could be the best time of your life! Or it could be an awful nightmare. At the very least, you won't ever be alone. Because everywhere you go, one of your cousins will be with you. You will never, ever be alone. Remember, there are only 3 constants in the universe: Death, taxes, and vacations going wrong.

Enjoyment

It Depends...

Cost



Loneliness

